



MOUNT GEORGE Public School

1524 Nowendoc Road, Mount George

Phone – 02 6550 6555

# MONTHLY BULLETIN

Issue 1

JANUARY/FEBRUARY 2023

## Principal's Report:

Dear Parents/Carers,

It is with great excitement that I **welcome you back** to the start of the 2023 school year. To our returning families, it's wonderful to see familiar faces, and to our new families, we warmly welcome you to our school community.

We have an exciting term ahead, starting with a **Learning Conversation** Wednesday next week. The purpose of this conversation is to provide an opportunity for teachers, students, and parents to come together and discuss learning goals and progress in learning. This is an important opportunity to ensure that we are working together to support each student's learning journey.

Our **Small School Swimming Carnival** will be held on Wednesday the 15th February and is a great opportunity for our students to participate, represent Mount George PS, and have some fun. This carnival will be for students 8 years and above who are confident and competent swimmers who are able to swim 50m. Students not participating are to attend school as per normal.

We are now able to share our draft **new Wellbeing Procedures** with our School Behaviour Support and Management Plan (which will be handed out with this newsletter). We have recently modified wellbeing processes in our school to reflect the new DoE Inclusive Education Reform and to incorporate our learning on Glasser's **Choice Theory**.

Choice Theory states that our behaviour is driven by five basic needs: survival, love and belonging, power, freedom, and fun. When these needs are met, we are more likely to make positive choices that lead to a happy and productive life.

In our school, we are promoting the use of Choice Theory as a way to empower our students to make positive choices and take responsibility for their own behaviour. Our teachers are working with students to understand their needs and help them find ways to meet those needs in positive and productive ways.

The research suggests that Glasser's Choice Theory promotes the idea that individuals have control over their own lives and have the ability to make choices that will lead to a fulfilling and satisfying life; something we all want for our kids.

In Week 6, Wednesday the 1<sup>st</sup> of March, we will be holding a **parent information session** to provide clarity around our new wellbeing procedures. This session will be an opportunity for parents to ask questions and receive clarity about the changes that have been implemented. We will co-ordinate the parent session with our first P & C disco for the year so that all parents are able to attend. We will be joined by Jodie Patterson, former Principal Support Leader who is supporting our school implementation of Choice Theory.

I am also excited to announce that we are changing our **school logo** and would like to give our families and students an opportunity to have their say. Information about this process will be provided in the coming weeks.

**Italian language** elective lessons will be starting in Week 4 and provide students with the opportunity to learn a new language and broaden their cultural knowledge.

Our Stephanie Alexander **Kitchen Garden** Program will commence on Friday of Week 6, and we are seeking parent volunteers to assist with the program. If you are interested in volunteering, please contact the school office.

**NAPLAN** will be held earlier this year, in Term 1 instead of Term 2. It will be for Years 3 and 5 students. More information will be communicated closer to the date.

I am pleased to announce the date for our upcoming school **Campout With Kids** program for students and parents. This year's Campout With Kids will take place on Friday 31<sup>st</sup> March (Friday Week 10) at Mount George Public School. This is a fantastic program where one student from each family camps out with one parent to participate in range of activities such as team-building exercises, games, campfire, etc. It is an opportunity for students to connect, develop teamwork and leadership skills, and create memories that will last a lifetime.

The program will be led by the teachers at Mount George PS, and all necessary equipment and meals will be provided.

The campout is designed to be an overnight adventure and we encourage all families to sign up for this great opportunity.

A detailed schedule of events and a list of items that students will need to bring will be provided to registered participants closer to the date of the campout.

To register your child for the campout, please complete the registration form when it is sent home and return it to the school office.

For all **communication** with the school, please contact the school office on 02 6550 6555 to make an appointment to see me or to meet with your child's classroom teacher.

We look forward to an exciting and productive term ahead.

Warm regards,

*Peter Falla, Principal*

#### Other school news:

We were very excited to receive the news this week that our School Infrastructure NSW Sustainable Schools Grants application, submitted last year, was successful. As a result, this term, our school will receive \$15,000 in funding towards our kitchen garden program which will enable us to further deliver in the four targeted areas as follows:

1. **Aunty Mary Memorial Bush Tucker Garden** - A native bush tucker garden integrated into our permaculture design with stainless steel plaques providing information about the plants, including some Biripi native Aboriginal language of Gutang. This bush tucker garden will be complemented with native bees and insect hotels providing habitat for native bees and wasps.
2. **Accessibility Garden** - Continue the path into our kitchen garden so the main growing area is wheelchair accessible. The need for this became apparent when one of our former students became wheelchair-bound and could no longer access this important learning space.
3. **Aquaponics & Sensory Water Garden** - The Aquaponics system will help to demonstrate a completely self-sustainable cycle. It will also provide the students with a tranquil, sensory water garden - a calming place for all our students to self-regulate,

reflect, read, and appreciate nature. The planned location for this sensory garden is also central to staff and visitors.

4. **Permaculture-designed kitchen garden** to include more perennials and fruit trees in our existing gardens to create a dense food forest, as well as purchasing a Flow Hive as a working illustration of the importance of pollinators in our food ecosystem. The Flow Hive will increase the productivity and diversity of our food forest as well as produce honey for our Kitchen program.

The proposed outcomes of this project are to enrich the school's curriculum delivery and sustainable education through real-life, hands-on, inquiry-based, experiential learning that is fun for students, staff, and our school community, and we look forward to sending updates to families as the project progresses!

#### **School bell times:**

8:45am – morning fitness  
8:55am – toilet break and line up for morning assembly  
9:00am – class begins  
11:30am – lunch  
12:00pm – middle session  
1:30pm – recess  
2:00pm – afternoon session  
3:00pm – end of school day

#### **Attendance Matters**

Following an absence from school (either partial or full), you must ensure that, within 7 days, you provide your child's school with a verbal or written explanation for this absence. Absences are reported to the Department of Education, including unexplained absences. You can send a note with your child the following day as this will give them extra responsibilities or, alternatively, email the school or send a reply to our automated attendance SMS.



#### **Library**

Our Library Day is Friday. Please help your child/ren get into good routines of regular borrowing and returning their library books on time. We have fantastic books in our library this year – something for everyone.

#### **Music**

Music will take place on Fridays this year with Mrs Mander. Mrs Mander will teach music groups as well as conduct our whole school choir.

#### **Kitchen Garden Program**

Our Kitchen Garden program will run every Friday of even weeks, commencing Friday 3<sup>rd</sup> March (Week 6). We will provide all students with an apron for kitchen and one for gardening. Please send in a pair of old shoes or gumboots each session if you would like your child to change shoes before gardening. Shoes are to be taken home at the end of the day.



This year, we would really love to see family members joining in on the kitchen and gardening activities. If you will have some availability this term and would like to help, please let us know. Close relatives do not require a Working with Children Check; however, will need to complete a Declaration For Child-Related Workers form prior to volunteering.

From your P&C Association Committee:

The P&C will be holding their **Annual General Meeting (AGM)** this term at **8:30am on Tuesday 21<sup>st</sup> February (Week 5)** in our school library. The P&C invites all family members and friends to attend and will be calling for **nominations** for the following positions to be filled: P&C President, P&C Secretary, and P&C Treasurer. Information about each role will be posted to SkoolBag. If you would like to involved in helping the P&C fundraise for and support our students this year, please come along to the meeting. Whether you would like to join the P&C as a member or position holder or just come along to share ideas, we would love to see you here. *Parents are able to bring younger siblings; there are books and games to amuse.*



### Photo Gallery



welcome back To school for  
**2023**



## Upcoming Dates:

Week 3:	WED 08FEB – <b>Learning Conversations</b>
Week 4:	WED 15FEB – <b>Small Schools Swimming Carnival</b> FRI 17FEB – <b>Book Club</b> orders due
Week 6:	WED 01MAR – <b>Student disco and Parent evening</b>
Week 9:	WED 22MAR – <b>Whole School Excursion: The M.E.C.</b>
Week 10:	FRI 31MAR – <b>Campout with Kids</b>
Week 11:	FRI 07APR - Public Holiday (Good Friday) followed by school holidays

**Please note: the first student day back for Term 2 will be TUE 18APR**

## MOUNT GEORGE PUBLIC SCHOOL CANTEEN MENU

PROVIDED BY MELTING POT CATERING

### HOT FOOD SERVED AT LUNCH ONLY (11:30)

	<b>E</b> Hamburger: Lettuce, Tomato, Beetroot, Onion & BBQ \$4.50
	<b>E</b> Cheese Burger: Cheese & Tomato Sauce \$4.00
	<b>E</b> Chicken Burger: Lettuce & Mayo \$4.00
	<b>E</b> Nachos: Salsa & Sour Cream \$5.00
	<b>O</b> Loaded Mac n Cheese (Bacon & Peas) \$5.00
	<b>O</b> BBQ Ham & Pineapple Pita Pizza \$4.00
	<b>O</b> Homemade Chicken Nuggets (6) \$4.00
	<b>E</b> Toasty Toasties On High Fibre Bread:
	Cheese \$3.00
	Ham & Cheese \$4.00
	Spaghetti & Cheese \$3.50

### AVAILABLE LUNCH & RECESS (11:30 & 1:30PM)

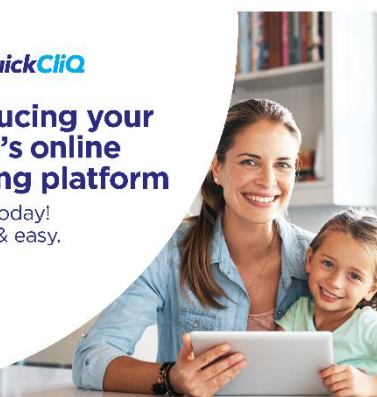
<b>O</b> Fruit Muffin	\$2.50
<b>O</b> Banana Bread	\$2.50
<b>E</b> Fruit Salad	\$3.00
<b>E</b> Wraps:	
Ham & Salad	\$4.00
Chicken & Salad	\$4.00
Just Juice Popper (assorted)	\$1.50

**E** = Everyday **O** = Occasional



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Place and place your order.  
It's that quick & easy.  
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More information on how to **Get Started** is on the back.

### Need help

Phone or email us - Monday to Friday 7:30am - 4:00pm  
Call 1300 11 66 37 | [support@quickcliq.com.au](mailto:support@quickcliq.com.au)



## Canteens, Uniforms, Events & more.

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- **SIGN UP** and complete the registration form
- Receive a link via email to **ACTIVATE** your account. Before logging in
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- **ADD CREDIT** to your online wallet before ordering or pay as you go using credit or debit card
- Select **MEAL ORDER** and you're good to go

Orders can be placed up to 28 days in advance. You can view your completed orders via the Active Orders or Transaction History tabs in your account.

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- ✓ QuickCliq is a seamless solution that helps you manage your children's canteen orders, uniforms, books and even school fees from the comfort of your home or office.
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Our Call Centre is here to assist your families with ordering online. Call 1300 11 66 37

