



# Mount George Public School

## BULLETIN

Website: [www.mtgeorge-p.schools.nsw.edu.au](http://www.mtgeorge-p.schools.nsw.edu.au)

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June 2017

### From The Principal's Desk

#### Science and Engineering Challenge Day

Earlier this month, Cedar students participated in a fun filled day of science and engineering put on by the Newcastle University and Taree Racecourse last month. The students joined 6 other schools on the day from Forster, Hallidays Point, Lansdowne, Barrington, Moorland, to Manning Valley Anglican College. The students participated in a range of project based challenge activities which included making a bionic hand, building a catapult using skewers and rubber bands, coding with lights, coordinating a switchboard, stringing a circuit, building an earthquake-proof house out of paper, making a mars roving buggy as well as the school challenge activity – building a bridge out of paper, straws and sticky tape to withstand increasing weights. We teamed up with the year 5's and 6's from Moorland and our students had a great day!



#### Rube Goldberg STEM Challenge

STEM stands for Science Technology Engineering and Maths. We have entered a friendly interschool competition in which the students need to make a Rube Goldberg Machine that 'lights up'. A Rube Goldberg machine is basically a machine that uses different machines (like wheel and axle, incline plane, pulleys levers etc.) to transfer energy through the machine like a chain reaction. Once the children have designed and tested their machine to light up something (a torch) at the end, we will film them to enter the competition. On the Friday (2<sup>nd</sup> June), we witnessed lots of great innovative thinking, perseverance, heartbreak, determination, some successes, collaboration, problem solving, and great learning.

#### **Other news**

Back by popular demand, the school Facebook page is up and running again! For those of you not yet following the page, you can find it at <https://www.facebook.com/mountgeorgeps/>. The page will be used to communicate general school information and is open for public viewing.

For more specific school information relating to events and activities, or just to keep parents informed and to share their child/ren's daily school experiences, we have created a "closed" Facebook Group. This group and it's content will only be viewable by parents and carers of children *currently* attending our school. Permission notes will be going home soon regarding the publishing of photos or more detailed information that will be available on this group page.

To find the Closed Group, search for "Mount George Public School Closed Parent Group" and request to join.

## From the P & C:

### Canteen:

The new two-day per week format has been very successful. Please let us know if you have ideas for menu items.

### Back to Mount George Festival, Saturday 26 August:

The Back to Mount George Festival and Billy Cart Derby is coming up on the 26<sup>th</sup> August. The P & C will be running the BBQ and drinks stall this year and is looking for volunteers to help with the BBQ and with the running of the Billy Carts.

### Bunnings BBQ Fundraiser, Saturday 23 September:

We will be running the Bunnings BBQ on Saturday 23<sup>rd</sup> September as a fundraiser to help fund the end of year excursion and school Camp. We would love as many volunteers as we can get to help run the day. Anyone who can help to organise either of these events above or even just for an hour or more on the day please contact Jodie Mills, Michelle Anderson, Sam Wallis, or Alison Archinal.

Thank you.

Term 2 School Calendar 2017	
<b>Week 9</b>	
Wednesday 21 June	- "Mr Stink" excursion (Cedar Class), The Glasshouse Port Macquarie - Canteen CLOSED
Thursday 22 June	- Kitchen garden program 11:30am-1:00pm
Friday 23 June	- SAKG Nursing Home Luncheon (whole school) at school. HELPERS NEEDED! - Canteen CLOSED
<b>Week 10</b>	
Monday 26 June	- Athletics Carnival (whole school), Taree Recreation Grounds
Tuesday 27 June	- Dollarmites student banking - send in bank books
Wednesday 28 June	- NAIDOC Day excursion (whole school), Wingham Brush PS - Canteen CLOSED
Thursday	- Kitchen garden program 11:30am-1:00pm - Semester 1 reports sent home
Friday	- Library - Canteen
End of Term 2 - School Holidays Monday 3 July to Friday 14 July	
Term 3 School Calendar 2017	
<b>Week 1</b>	
Monday 17 July	Staff Development Day. School CLOSED.
Tuesday 18 July	- School resumes. - Dollarmites student banking - send in bank books

## Upcoming Events

### Friday 23 June – Nursing Home Luncheon 11:30am to 1:00pm

This Friday our school is hosting a three-course luncheon for residents of Wingham Nursing Home plus special guests from the Mount George community and surrounds. The students, as part of the Stephanie Alexander Kitchen Garden program, will be preparing and serving an amazing dining experience for all guests as well as performing songs on the day.

To help make this a success and a memorable experience for all attending, we could really use some assistance from parents and carers to help with food preparation and clean-up. **Please contact the school if you can assist.**

### Monday 26 June – Small Schools Athletics Carnival \*\* travel by private transport \*\*

Just a reminder that the Athletics Carnival which was postponed due to bad weather is now on next Monday, 26<sup>th</sup> June. All permission notes are due back this Friday along with \$2.00 per student. Please remember on the day to pack Crunch-&-Sip, Recess, Lunch, and plenty of drinking water. A canteen service will also be available on the day so don't forget to send money along if you are wishing for your child/ren to purchase food or drinks at the event.

A sporting raffle will also be run with tickets to be purchased at the carnival for those wanting to participate.

### Wednesday 28 June – NAIDOC Day Excursion

On Wednesday our school will be travelling to Wingham Brush Public School to join in the NAIDOC Day celebrations. Transport is by special bus which has been organised by the school so children are to attend as per normal school hours.

About the NAIDOC Day celebration (excerpt from Wingham Brush PS newsletter) – “We will be holding our NAIDOC celebration in Central Park next Wednesday 28 June. The importance, resilience and richness of Aboriginal and Torres Strait Islander languages will be the focus of national celebrations marking NAIDOC 2017. It will be a combined school event with Mt George PS, Elands PS and Bobin PS joining in on the day. Wingham High School students will be assisting in the running of the activities. The high school will have a BBQ available on the day to purchase a sausage sandwich and juice. Pre-order forms for the lunch orders will be sent home with students next week. Parents are very welcome to celebrate with us. We would love you see you there.”

## Recipes from our Stephanie Alexander Kitchen Class

The children have been making some delicious and nutritious food with Miss Meehan through the Stephanie Alexander Kitchen Garden program. So that they can share their learning and skills with friends and family, we will be including a favourite recipe from class at the end of each newsletter. Perhaps the children will be excited to cook them with you at home, too. This month's recipe is for a deliciously warm Winter soup. Enjoy!

### Potato and Leek Soup

#### Ingredients:

- 4 Leeks
- 2 Onions
- 8 cloves of garlic
- 2 tablespoons of butter
- 2kg of potato (peeled and cut into chunks)
- 8 cups of vegetable stock
- 2 celery stalks
- Fresh herbs

#### Method:

Roughly chop leeks, onions and garlic. Melt butter in a large pot over a medium heat and lightly cook the leeks, onion and garlic. Place the potatoes, celery and herbs into the pot with the leeks and cover with stock. Season to taste. Cook until the potatoes are soft and then blend until smooth. This soup is delicious served with a lovely crusty bread or toast.

*Bon appetite! Enjoy your meal!*



## Newsletter Inserts

- Flying Fox Mobile Pre-School flyer
- Manning Valley Libraries School Holiday Program
- Stephanie Alexander Kitchen Garden Foundation Philosophy
- Manning Libraries School Holiday Program (at end)



The Flying Fox Mobile Preschool are at  
Mount George School residence at  
Mount George Public School  
every Friday from 9am - 3pm  
during school terms.  
We welcome you to visit  
our friendly Preschool.  
For further information please contact  
us on 0428 534 884 / 6553 4884.



## Pleasurable Food Education Philosophy

The purpose of the Stephanie Alexander Kitchen Garden Foundation is to introduce pleasurable food education to children during their learning years in order to form positive food habits for life.

Pleasurable food education emphasises the flavours as well as the health benefits of fresh, seasonal, delicious food.

Dishes cooked reflect the vegetables, herbs and fruits grown, season-by-season, by the children in their organic gardens, and also reflect the Australian Dietary Guidelines.

Kitchen educators emphasise balance and moderation and endorse the concept of preparing fruit-based desserts 'sometimes-only'.

Pleasurable food education is designed to be fully integrated into the curriculum or learning framework as it offers infinite possibilities to reinforce literacy, numeracy, science, cultural studies and all aspects of environmental sustainability.

In addition, pleasurable food education delivers observable social benefits to all children, including those with special needs.

Pleasurable food education encourages critical thinking, teamwork, an understanding of cause and effect, and increased levels of observation.



## This month's Photo Gallery

### Autumn Leaf Magic:



### School Disco:





Kitchen/Garden Program - Bumper Carrot Harvest!!!





SAKG Potato Harvest a great success!



## Movie Screenings



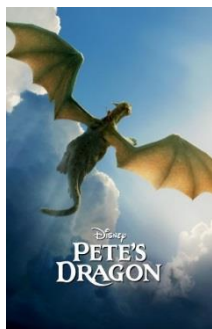
### BFG

A young orphan girl befriends a benevolent giant who takes her to Giant Country, where they attempt to stop the man-eating giants that are invading the human world.

**Rated PG BOOKINGS ESSENTIAL**

**Taree Library**

Wed. 5 July 1.00 - 3.00pm



### PETE'S DRAGON

The adventures of an orphaned boy named Pete and his best friend Elliot, who just so happens to be a dragon. **Rated PG**

**BOOKINGS ESSENTIAL**

**Wingham Library**

Fri. 7 July 10.30am - 12.15pm



### MOANA

In Ancient Polynesia, when a terrible curse incurred by the Demigod Maui reaches an impetuous Chieftain's daughter's island, she answers the Ocean's call to seek out the Demi- god to set things right.

**Rated PG BOOKINGS ESSENTIAL**

**Harrington Library**

Tues. 11 July 10.30am - 12.20pm

Screenings are supervised and entry is free. Parents must supervise children 5 years and under. Bring own cushion to sit on.

## Hours and Locations

### Taree Library

242 Victoria Street

Mon-Fri: 10.00am -

5.00pm Saturday:

10.00am-2.00pm

Ph: 6592 5290

### Wingham Library<sup>+</sup>

Wynter Street

Monday-Friday: 10.00am-

5.00pm Saturday: 10.00am -

12.00noon Ph: 6553 4555

### Hallidays Point Library<sup>+</sup>

Village Centre, High Street

Monday-Friday: 10.00am -

5.00pm Saturday: 10.00am -

12.00noon Ph: 6559 3066

### Harrington Library<sup>+</sup>

Harrington Community

Village Monday-Friday

10.00am - 5.00pm Saturday

10.00am - 12.00noon Ph:

6556 1652

### Old Bar Community

**Library** Cnr. Old Bar Road &

Cross Street Monday-Friday:

10.00am - 5.00pm

Saturday: 10.00am -

12.00noon Ph: 6553 6535



Stay updated with what's happening at your library visit

[www.midcoastlibraries.com.au](http://www.midcoastlibraries.com.au)



**Manning Valley Libraries**



# Games

## PUZZLES & BOARD GAMES



Come along with the kids and enjoy jig- saw puzzles and board games together. **Taree Library**

Each Thurs. in the holidays 2.00 - 4.00pm

**Harrington Library**

Each Tues. & Fri. in the holidays 10.00am - 12.00pm

**Hallidays Point Library** Every day in the holidays 10.00am - 4.30pm

**NO BOOKINGS REQUIRED**

**Suitable all ages. Supervision required.**

## BINGO

Enjoy the fast-paced game of bingo.

**Taree Library**

Mon. 10 July 2.00 - **Hallidays Point**

**Library** Tues. 11 July 2.00 - 3.00pm

**BOOKINGS**

**ESSENTIAL**

**Suitable 5yrs+. Supervised activity.**



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Stay updated with what's happening at your library  
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